



**2017 KYF® HEADS UP FOOTBALL® COACHES CLINIC
August 05, 2017 –Cinco Ranch High School - LGI**

<u>Time</u>	<u>Agenda Item</u>	<u>Owner</u>
10:30 AM	Check In (Main Entrance)	ALL
11:00 AM	Welcome (LGI)	Anthony Biello KYF® President
11:05 AM	Introduction\Need for Program Your Role as a Head Coach	KYF® PSCs
11:15: – 11:45 AM	Concussion Awareness, Recognition & Response Question\Answer Session A. Definition B. Causes C. Signs and Symptoms D. Removal from play E. Return to play	Dr. Peter T. Sprockel, MD Houston Methodist West Sports Medicine
12:00 –12:30 PM	Heat Preparedness & Hydration Acclimatizing Athletes Signs & treatment of heat illness Emergency Action & Onsite Cooling	KYF® PSCs
12:30 –12:50 PM	Sudden Cardiac Arrest Question\Answer Session	KYF® PSCs
1:00 –1:20 PM	Proper Equipment Fitting Question\Answer Session	KYF® PSCs
1:20 –2:00 PM	Heads Up Blocking/Shoulder Tackling (Curriculum) A. Terminology B. Psychology Of Building Confidence C. Levels of Contact - Video D. Tackle Progression E. Tackle Drills F. Tackle Circuit G. Heads Up Blocking	KYF® PSCs
2:00 PM –3:00 PM	Coaching Philosophy- Positive Coaching	KYF® PSCs
3:00 PM	Conclude	